

# Attention Patients

## Who have **OUT-OF-NETWORK** insurance or **NO** insurance:

The *No Surprises Act* was enacted January 1, 2022 to provide additional billing rights and protections to self-pay patients and those using insurance with an out-of-network plan.

Under this law, health care providers must provide patients who are using out-of-network insurance, or who have no insurance, an estimate of what their visits to the facility may cost. This statement is called a “Good Faith Estimate (GFE).”

Important:

- This law protects patients against “Surprise” balance billing
- As a patient using out-of-network insurance, or paying out-of-pocket, you have the right to receive a GFE. A GFE is an estimate of the total expected charges of the patient’s visit and does not reflect other services requested and added by the patient at the time of service
- Any bill received which is “Substantially in excess” (\$400 or more) of the total expected charges listed on the GFE can be disputed via patient-provider dispute resolution process. To begin this process, please contact:
  - NW Pediatrics Integrative Medicine Billing Department:
    - (971) 317-0211 or [billing@nwpim.com](mailto:billing@nwpim.com)

**Does this apply to you? Unsure if it does? Find out!**

**Please inform the front desk if you are using out-of-network insurance, or if you do not have insurance. You can find out about our network status with your insurance plan by contacting your insurance company directly using the number on your insurance card. If you have questions about this process, please contact the front desk at (503) 643-2100.**

If you have questions or would like more information about the No Surprises Act, please visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call 1-800-985-3059